



## HEALTH AND SAFETY CONSULTANTS AND TRAINING SERVICES

### HSA - Health and Safety Awareness

This Site Safety Plus course is a popular route for anyone looking to take their first step towards obtaining a CSCS Labourers (Green) Card.

This one day course can be for those who have entered, or are about to enter, the construction and civil engineering industry. The course gives candidates an awareness of health and safety and how it affects their daily role.

#### Topics covered:

- ✓ Legal and general responsibilities
- ✓ Health and welfare, manual handling, personal protective equipment, first aid and hazardous substances.
- ✓ Safety signage, fire prevention and control, electrical safety, tools and equipment, site transport safety, lifting operations and equipment
- ✓ Working at height, excavations and confined spaces
- ✓ Environmental awareness and waste control

#### Course information:

The cost of this course includes all registration/certification fees and the publication – GE 707 - Construction health and safety awareness.

Duration: 1 day (approx 7 ½ hours)

#### Entry requirements:

You must have a good understanding of spoken and written English. Please contact us if you have any concerns in this area.

#### Assessment and exams:

This is a highly interactive course delivered by means of case studies, classroom discussion, and group work. You will be continuously assessed and required to successfully complete a multiple choice test.

#### Qualifications/certification:

Upon successfully completing the course you will be awarded a CITB Site Safety Plus certificate.