



HEALTH AND SAFETY CONSULTANTS AND TRAINING SERVICES

SMSTS-R - Site Management Safety Training Scheme - Refresher

The Site Management Safety Training Scheme – Refresher (SMSTS-R) course is for candidates who have previously passed the full Site Management Safety Training Scheme (SMSTS) course or subsequent refresher course and can provide proof of attendance.

It aims to bring health and safety knowledge up to date, as well as giving a thorough overview of the legislative changes and their impact in the workplace. The course includes a wide range of topics as suggested below.

Topics covered:

Legal and management; Health and safety law, The Health and Safety at Work etc. Act, CDM Regulations, health and safety policies, risk assessments, method statements, inductions and training, communication, inspections and audits, statutory forms, notices and registers, accident prevention, reporting and investigation.

Health and welfare; Management of health, welfare facilities, stress and mental health at work, drugs and alcohol, COSHH, lead, asbestos, dust and fumes, noise, vibration, and manual handling.

General safety; Site organisation, fire, electrical safety, temporary works, plant and equipment, mobile plant and vehicles, Lifting operations, mobile workforce and driver safety

High risk activities; Working at height, common access equipment, scaffolding, fall arrest and suspension equipment, excavations, underground and overhead services and confined spaces.

Course information:

The cost of this course includes all registration/certification fees and the publications - GE 700 Construction Site Safety.

Entry requirements:

The refresher course is only for candidates who have previously passed the five-day construction Site Management Safety Training Scheme (SMSTS) or subsequent refresher course and hold a valid SMSTS certificate. Candidates must be competent in English at site management level. Please contact us if you have any concerns in this area.

Assessment and exams:

This is a highly interactive course delivered by means of case studies, classroom discussion, group work and individual/group presentations. You may need to do some self-study outside of the course. You will be assessed and required to successfully complete a question paper, made up of multiple choice question and short written answers.

Qualifications/certification:

Upon successfully completing the course you will be awarded a CITB Site Safety Plus certificate valid for 5 years. To remain certified in this area, you will need to take a refresher course before the expiry date on your certificate, otherwise the full course will need to be retaken.