



## HEALTH AND SAFETY CONSULTANTS AND TRAINING SERVICES

### SSSTS - Site Supervision Safety Training Scheme

This is a two-day course and is intended for those who have, or are about to acquire, supervisory responsibilities. It provides supervisors with an understanding of health, safety, welfare and environmental issues, as well as their legal responsibilities relevant to their work activities. It will highlight the requirement to promote health and safety to supervise effectively.

The SSSTS course is endorsed by Build UK as the standard training for all construction supervisors.

#### Topics covered:

**Legal and management;** Health and safety law, CDM Regulations, health and safety management systems, risk assessments, method statements, statutory inspections, checks and monitoring, accident reporting, injuries and ill health, leadership and worker engagement

**Health and welfare;** Health and welfare of the workforce, first aid and emergency procedures, COSHH, asbestos, dust and fumes, noise, vibration, and manual handling.

**General safety;** Site set up and security, fire, electricity, plant and equipment and lifting operations.

**High risk activities;** Working at height, temporary works, excavations, underground and overhead services and confined spaces.

**Environmental awareness and waste control;** Environmental awareness, pollution, waste materials and nuisance noise, dust and light.

#### Course information:

The cost of this course includes all registration/certification fees and the publications - GE 706 Construction Site Supervision and GT 700 Toolbox Talks.

#### Entry requirements:

Candidates should hold or be about to hold the role of a supervisor. Candidates must be competent in English at site supervisor level. Please contact us if you have any concerns in this area.

#### Assessment and exams:

This is a highly interactive course delivered by means of case studies, classroom discussion, group work and individual/group presentations. You will need to do some self-study outside of the course. You will be continuously assessed and required to successfully complete a question paper, made up of multiple choice question and short written answers.

#### Qualifications/certification:

Upon successfully completing the course you will be awarded a CITB Site Safety Plus certificate valid for 5 years. To remain certified in this area, you will need to take a refresher course before the expiry date on your certificate, otherwise the full course will need to be retaken.